

Navigating Spiritual Ruts
First Wednesday - November 1, 2023
Speaker: Pastor Brad Darr

Revelation 2:1-5

Theme: Identifying, navigating and overcoming spiritual ruts

- Psalms 63:1 is my goal for my spiritual walk, but I am in a RUT!
Psalms 63:1
- What Is A Spiritual Rut?
 - ✓ RUT: A habit or pattern that has become DULL and UNPRODUCTIVE that is hard to change.
 - ✓ It takes little effort to get into a spiritual rut, but it takes great effort to get out. - 1 Peter 5:8
- Why Am I In A Spiritual Rut?
 - ✓ Spiritual ruts are COMMON to us all but are never okay to STAY in!
 - ✓ Commonality does not need to be REGULARITY!
 - ✓ Spiritual ruts are GUAGES telling us there is a problem.
 1. Am I NEGLECTING Him? - Matthew 6:33
 2. Am I STRUGGLING with sin? - Ephesians 4:27
 3. Am I STUCK in stagnation? - Matthew 15:8
- What Can I Do To Overcome This Rut?
 - ✓ It is time to take action. - Revelation 2:5, Job 22:23
 - The rut of Neglect
 1. It is time to prioritize God again.
 2. It is time to start SERVING again.

3. It is time to be accountable again.

➤ The rut of Sin.

1. It is time to REPENT before Him.
2. It is time to allow Him to restore you!

➤ The rut of Stagnation.

1. It is time to keep SHOWING up!
2. It is time to CHANGE things up!
3. It is time to initiate NEW growth!

Conclusion: Being honest with God, taking spiritual inventory and pursuing Him joyfully is the beginning of a fresh start in your spiritual JOURNEY.

Isaiah 43:19 is the verse needed to pray over and proclaim for your freedom in Him. - Isaiah 43:19

All scripture is from NIV