## Life Unleashed Lean on Me Speaker: Shawn Lewis

**Introduction** - We are all called to practice "one anotherness" in the Christian faith - Ecclesiastes 4:9-10

How are we encouraged? - 1 Thessalonians 4:18, 1 Thessalonians 5:11, 1 Thessalonians 5:14, Hebrews 3:13, Hebrews 10:25

## I. By what we FEEL

- Focused attention
- Let's people know we care
- Mary and Martha Luke 10:38-42

## II. By what we HEAR

- Words can be powerful Proverbs 12:25
- Words of encouragement + focused attention

## III. By what we **READ**

- God's Word is the greatest source of encouragement
- Letters of encouragement can turn someone's day around
- Adds a level of personal touch/investment

**Conclusion** - The **BODY OF CHRIST** is to function like a family whose members are mutually involved with one another.