

Life Unleashed All Alone

Introduction - There will be times when we are isolated by life. How can we prepare for these occurrences when we must be an **ENCOURAGEMENT** to ourselves?

Example: Plane Crash - Your crash might be the death of a spouse, dissolution of a marriage, job loss or a wayward child/grandchild.

I. **HUNTED** and Hated

- David fleeing Saul's jealous wrath; the fugitive
- The dysfunctional group - 1 Samuel 22:2
- The unthinkable - 1 Samuel 30:1-6a
- All human support systems had vanished

II. David's **SECRET** - 1 Samuel 30:6b

- Life had reduced his options to one
- There can be great healing in solitude; Moses, Elijah and Jesus

III. **TOOLS** for Solitude

- Scripture: Psalms 19:8, 10-11
- Romans 15:4; Psalms 27:1; 34:4, 8; 43:5; 46:1-3, 10-11
- Music - Habakkuk 3:17-18
- Example: Billy Graham and Chuck Templeton

Conclusion - May we encourage ourselves in the **LORD**.

All scripture is from the HCSB unless otherwise noted.