

Fight Fair
From This Day Forward Series
February 10, 2019

Lamentations 3:19-23 TLB

I. Five Principles

1. **SEEK GOD**
2. **FIGHT FAIR**
3. **HAVE FUN**
4. **STAY PURE**
5. **NEVER GIVE UP**

II. Fighting: Not **IF** but **HOW** - Genesis 2:24; Proverbs 18:22;

Psalms 133:1,3b

1. We are fighting the wrong **ENEMY** - Mark 3:25; Ephesians 6:12
2. We are driven by the wrong **MOTIVES** - James 4:1-3
3. We are using the wrong **TACTICS** - 1 Corinthians 6:3, 7 NLT;

Proverbs 18:19 NLT

*Statement: Healthy couples fight for **RESOLUTION**, unhealthy couples fight to WIN

III. From this day forward: Fight Fair - James 1:19-20

1. Stop and **LISTEN** carefully - Proverbs 18:2 NLT;
- Example: Repeat it back
2. Guard your **WORDS** vigilantly - Proverbs 21:23 NLT
Example: Rules of engagement
 - Never call **NAMES**
 - Never say **NEVER** or always

- Never raise your **VOICE**
 - Never get **HISTORICAL**
 - Never threaten **DIVORCE**
 - Never **QUOTE THE BIBLE** to prove your point
3. Manage your **ANGER** righteously - Ephesians 4:26-27

Conclusion - In times of conflict, I will fight for **UNITY** not for personal **VICTORY**.