

Choose to Follow God's Plan for Rest
Seven Choices
May 14, 2023, Happy Mother's Day!

Proverbs 31:31 NIV

- Theme: The CHOICES I make will determine the PERSON I will become.
 - Proverbs 2:11 NLT
 - ✓ For many, MORE IS GOING OUT of our physical and emotional tank than we are PUTTING IN - Acts 3:1-6, Daniel 5:1-7, 25-26
 - ✓ We need to remember that our DAYS ARE NUMBERED - Job 9:25, - Psalm 39:4-5 NLT, Daniel 5:27
 - ✓ We need to remember how EASY it is for our lives to get OUT OF BALANCE. - Daniel 5:28
 - ✓ We need to remember a MIS-MANAGED life will always COST US something. - Luke 21:34, Hebrews 4:9-11
 - 1) Divert DAILY - Matthew 6:11
 - Read the WORD OF GOD.
 - Spend time in WORSHIP AND PRAYER.
 - PLAN your day.
 - 2) Withdraw weekly - Exodus 20:9-10
 - Rest your BODY.
 - Recharge your SOUL.
 - Refocus your SPIRIT.
 - 3) Abandon ANNUALLY - Ecclesiastes 10:10 NIV, - Matthew 11:28-29 MSG