

Navigating Spiritual Ruts
Summer at Gilead
August 4, 2024

Revelation 2:1-5a

Theme: Finding ourselves in a rut is fairly COMMON, God provides a pathway OUT. - Psalm 42:1-2, Psalm 63:1, Psalm 84:2

- Rut Defined
 - ✓ A long deep track made by the REPEATED passage of vehicle wheels.
 - ✓ A habit or pattern of behavior that is dull and UNPRODUCTIVE but is hard to CHANGE.
 - ✓ We can't allow commonality to become an excuse for REGULARITY.
 - 1 Peter 5:8
- Three Questions
 - 1) How am I spending my TIME?
 - NEGLECT - Matthew 6:33
 - 2) Am I staying CLOSE to Jesus?
 - SIN - Ephesians 4:27 NIV
 - 3) Am I GROWING?
 - STAGNATION - Matthew 15:8, Revelation 2:5
- Steps to Freedom
 - 1) IDENTIFY where you are. (consider)
 - 2) SURRENDER to Jesus. (repent) - Job 22:23 NIV
 - 3) Take ACTION. (do) - Isaiah 43:19 NLT