

Emotional Healing  
"I've Witnessed It"  
September 21, 2025

- Theme: Jesus has the power to set us free from the emotional turmoil/BONDAGE of fear, anxiety, self-doubt, isolation or depression.  
- Psalm 77:13-14 NIV, Matthew 9:35 NIV
- Our design: Soul
  - ✓ We consist of a mind/THOUGHTS, will/choices, and emotion/FEELINGS
  - ✓ Jesus wants to be LORD over our soul
  - ✓ Passion week - Luke 19:36-48
    - Key points: Miracles, salvation, rebuke, peace, blindness, destruction, cleansing, prayer and teaching/truth.
- Psalm 61
  - 1) Prayer - Psalm 61:1-2 NIV
    - ✓ David needed God's HELP
    - ✓ His heart was FAINT/WEARY
    - ✓ Felt DISTANT from God
    - ✓ Jesus is the ROCK: safety, security and soundness - Isaiah 55:8-9
  - 2) Promise - Psalm 61:3-4 NIV
    - ✓ Refuge - Protection = PEACE - Philippians 4:6-7
    - ✓ Tower - Perspective = HIS WORD - Hebrews 4:12 ESV
    - ✓ Tent - Presence = HIS SPIRIT - Romans 12:2
    - ✓ Shelter - Provision = HIS PEOPLE - Matthew 23:37
  - 3) Posture - Psalm 61:5-6 NIV
    - ✓ Ask God to HEAL you

- ✓ God's wisdom for NEXT STEPS - Psalm 61:7
- ✓ Walk in faith as God does HIS WORK - Psalm 61:8